

Howard County Local Health Improvement Coalition

Healthy Aging Work Group Meeting

October 23, 2018, 2:30 p.m. – 4:00 p.m.

Barton A&B

Minutes

Members Present:

Jillian Anderson, HCGH
Jennifer Asher, HC Commission on Aging
Courtney Barkley, HCDCRS
Michael Bianca, Merrill Lynch
Renee Bitner, HCHD
Patricia Dugan, Columbia Association
Elexis Lawson, HC NAACP
Mary McGraw, The Village in Howard
Elizabeth Menachery, HCHD

Andrew Monjan, Transition Howard County
Christopher Moore, HCDCRS
Andrea Raid, HCHD
Cyndi Rogers, Winter Growth Inc.
Starr Sowers, CarePatrol

Guests Present:

Ilene Rosenthal, Alzheimer's Association

Staff Present:

Sharif Braxton, HCLHIC Program Coordinator
Lauren Williams, HCLHIC Program Coordinator
Kelly Kesler, HCLHIC Program Director

Topic/Agenda	Discussion	Action/Follow-up
Welcome and Introductions	Sharif Braxton called the meeting to order at 2:33 pm. Mr. Braxton shared that the meeting would be recorded for use in producing minutes. Participants and guests introduced themselves.	
Approval of Minutes and Announcements	Members were asked to share any announcements from their organizations. Group members shared announcements about upcoming programs and activities. <ol style="list-style-type: none">1. Drug Take Back Day in Howard County- 10/272. Chronic Pain Self-Management Leader Training – November 1st & 2nd November 8th & 9th	Minutes from the previous meeting will be available one week prior to the next meeting date at http://www.hclhic.org/membership/meeting-portal . Group members are encouraged to provide event information for inclusion on the HCLHIC website and to visit the site for information on upcoming events: http://www.hclhic.org/news-events/lhic-and-

	<ol style="list-style-type: none"> 3. Office on Aging and Independence Caregiver Conference – 11/3 (Registration Deadline 10/26) 4. Premier Health Express Health Fair – 11/3 5. Advance Care Planning – Third Thursday of every month 6. Powerful Tools for Caregivers Class – 11/6-12/11 7. OAI Mental Health Series – 11/6; 12/4 8. Healthcare Job Fair – 11/8 9. Virtual Dementia Tour – 11/13 10. STI Update: Addressing Adolescent Sexual Health CME Breakfast – 11/15 	partner-events/month.calendar/ . To request an event be added to the HCLHIC Community calendar contact lhic@howardcountymd.gov .
Review of FY19 Educational Initiatives	<p>Sharif Braxton briefly reviewed the workgroup educational initiatives for Alzheimer's and Dementia:</p> <ul style="list-style-type: none"> • Community Members <ul style="list-style-type: none"> ○ Alzheimer's/Dementia: Socialization & Mental Health and Suicide in Older Adults • Caregivers <ul style="list-style-type: none"> ○ Alzheimer's/Dementia: Future Planning & Socialization • Providers <ul style="list-style-type: none"> ○ Alzheimer's/Dementia: Mental Health and Suicide in Older Adults • Work Group Members <ul style="list-style-type: none"> ○ Alzheimer's/Dementia: Mental Health and Suicide in Older Adults 	
Presentation: Public Health Approaches to Alzheimer's and Dementia	<p>Ilene Rosenthal of the Alzheimer's Association offered a presentation on Public Health Approaches to Alzheimer's and Dementia. She additionally discussed advocacy on the Federal and State level and discussed how Coalition members could help advance goals and objectives in the area of Alzheimer's and Dementia</p>	<p>The presentation Ms. Rosenthal provided, and the supplemental Healthy Brain Initiative document can be found at:</p>
Community Education Planning	<p>Sharif Braxton outlined organizational and content-specific educational initiative items that were underway. The underway initiatives were:</p> <ol style="list-style-type: none"> 1. Community Members <ul style="list-style-type: none"> ○ Mental Health and Suicide - MHAMD (Kim Burton) agreed to offer a presentation on Mental Health and Suicide among older adults 	<p>An action group will be convened to plan continuing education strategies for educational topics selected by the work group. This action group will meet in November 2018 for its first convening.</p>

	<ul style="list-style-type: none">2. Caregivers<ul style="list-style-type: none">○ Future Planning: Merrill Lynch has two educational modules it can offer:<ul style="list-style-type: none">▪ Financial Matters and Matters of The Mind;▪ The Journey of Caregiving; Honor, Responsibility, and Financial Complexity Seminar3. Providers<ul style="list-style-type: none">○ Mental Health and Suicide - MAC - New Intervention/Screening for <p>Work Group members discussed how to overcome barriers to implementing these initiatives:</p> <ul style="list-style-type: none">1. Community Members and Caregivers:<ul style="list-style-type: none">○ Populations to Target:<ul style="list-style-type: none">▪ Latinos▪ African Americans▪ Fraternities/Sororities▪ Meals on Wheels▪ Neighbor Ride▪ MSC○ Venues to Hold Events:<ul style="list-style-type: none">▪ Health Department▪ Hawthorne Center▪ The Barn▪ Churches▪ 50+ Centers▪ Restaurants2. Providers:<ul style="list-style-type: none">○ Populations to Target:<ul style="list-style-type: none">▪ Assisted Living Facility Providers▪ Independent Living Facilities▪ Physician Association Affinity Groups○ All workgroup members agreed that providers should be targeted ideally within their organizations	
Wrap Up and	The work group meeting was adjourned at 4:00 pm	

Adjournment	
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Future Meeting Dates:

Work Group

February 26, 2018; 2:30 – 4:00 pm – Barton A & B

May 28, 2019; 2:30 – 4:00 pm – Barton A & B

FULL HCLHIC

January 24, 2019; 8:30 am – 10:30 am (TBD)

April 25, 2019; 8:30 am – 10:30 am (TBD)

June 27, 2019; 8:30 am – 10:30 am (TBD)

Respectfully submitted by
Sharif Braxton
Program Coordinator, Howard County Local Health Improvement Coalition